The Air Fryer Bible (Cookbook): More Than 200 Healthier Recipes for Your Favorite Foods Kindle

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Étape 1 -

Now you can enjoy healthier, delicious versions of all your favorite foods with this comprehensive cookbook! Harnessing the power of circulating hot air, air fryers cook all your beloved comfort foods to crunchy, tasty perfection . . . without all the messy oil. The Air Fryer Bible cookbook shows you how to make the most of this hugely popular appliance to create more than 200 amazing dishes Start your day with Quiche Cups or French Toast Sticks. Snack on Mozzarella Sticks and String Bean Fries. Feast on Coconut Chicken with Apricot-Ginger Sauce or Fish Tacos with Jalapeo-Lime Sauce, and then indulge yourself with Apple Crisp or Brownies After Dark. These recipes will save you time, promote heart health, and can even help with weight loss. Theyre easy enough for a beginner, and your whole family will love them. Complete with numerous tips for air fryer success, 30 mouthwatering photos of finished dishes, must-have appliance-buying information, and a comprehensive index, The Air Fryer Bible is the only air fryer cookbook youll ever need. tags:

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