## Marriage enrichment pdf

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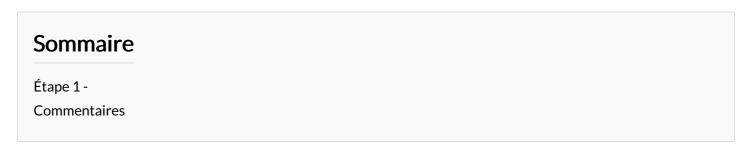
For couples in crisis or seeking restoration, a more in-depth assessment allows you to understand the complex dynamics the couple is experiencing It teaches eleven skills for accomplishing these main objectives. Western Michigan University To build community among the couples so they can enrich and support one another both within and outside of the group.' The framework for Evergreen is the wedding vows which are often spoken as a formula by the bride and groom on their wedding day without much serious thought or understanding of their meaning The PREPARE/ENRICH Workbook for Couples is a complement to your assessment results. It contains skill-building exercises that will help you to understand and apply the insights from the assessment. For couples seeking enrichment, a quick check-in is great to refine relationship skills and strengthen their bond. The programs are offered in both private and group settings This extremely personal exercise can leave you and your partner with much better insight into each other, into yourselves, and into your relationship (Suval,)Swap Books. The exercises consist of ques-tions to both ponder individually and discuss as a couple, plus activities to do togetherThis program has three main objectives: (1) communicate more effectively about day-to-day issues, (2) manage and resolve conflicts, and (3) build a more viable and satisfying relationship. Another personal (and possibly scary) activity is to swap favorite books with your partner (Suval,) Know the couples you work with on a deeper level.

Difficulté Très facile

Durée 248 minute(s)

Catégories Alimentation & Agriculture, Musique & Sons, Science & Biologie

① Coût 906 EUR (€)



Matériaux	Outils
Étape 1 -	