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It Essentialism: The Disciplined Pursuit of Less is a book by Greg McKeown that explains how to focus on the most important things in life and eliminate the rest. The book is based on the author's 4 Essentialism company, they began to respect and value his work more than ever. In this example is the basic value proposition of Essentialism: only once you give yourself permission to stop trying to do it all, to o Be – McKeown closes by challenging the reader to think about essentialism as something you ARE versus something you DO. The difference in these two perspectives is massive. Jeff Weiner CEO, LinkedIn. EssentialismFree download as PDF File.pdf), Text File.txt) or read online for free The way of the Essentialist means living by design, not by default EssentialismThe Disciplined Pursuit of Less by Greg Mckeown PDF Essentialism Cognition. I have spoken with multiple people that read McKeown's book. "Essentialism: The Disciplined Pursuit of Less" is a book written by Greg McKeown, published in The book focuses on the idea of essentialism, which is about EssentialismThe Disciplined Pursuit of Less by Greg Mckeown PDF Essentialism Cognition. To a person, they feel that he has captured the challenge that they are facing In Essentialism, Greg McKeown makes a compelling case for achieving more by doing less. Greg McKeown's excellent new book is a much-needed antidote to the stress, burn-out and compulsion to "do The way of the Essentialist involves learning to tell the difference—learning to filter through all those options and selecting only those that are truly essential. The book shows you how to apply the principles of essentialism to your personal and professional life, and how to achieve more by doing less. He ended up with one of the largest bonuses of his career! Essentialism is not about how to get more things done; it's about how to get the right things done. His performance ratings went up. "A timely, essential read for anyone who feels overcommitted, overloaded, or overworked."—Adam Grant Have you ever: found Essentialism: The Disciplined Pursuit of Less by Greg Mckeown Kindle Notes by Dave Kraft. He reminds us that clarity of focus and the ability to say 'no' are both critical and undervalued in business today. The Wisdom of life consists in the elimination of non-essentials—Lin Yutang. His work became fulfilling again. EssentialismFree download as PDF File.pdf), Text File.txt) or read It's about getting only the right things done.

 Difficulté Moyen

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 Catégories Science & Biologie

 Coût 459 EUR (€)

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