

Gout treatment pdf

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It was created to provide the latest perspective and information for all front-line medical professionals who see potential gout sufferers and new gout patients. Urate lowering therapy (ULT) should be given using a treat-to-target management strategy (aiming for a serum urate level treatment). Treatments for gout attacks include nonsteroidal anti-inflammatory drugs (NSAIDs), colchicine, and corticosteroids to control pain and inflammation. The Gout Education Society, a nonprofit organization, encourages those who have gout to "Kick Gout in the Acid" by getting uric acid levels checked every six months and aiming for a healthy level of mg/dL or below. Urate-lowering therapy is recommended for patients with two or more gout flare-ups per year, tophaceous gout, or damage attributable to gout visible on radiography. Nonpharmacological methods advocated for managing hyperuricemia in patients with gout include weight loss, exercise, alcohol restriction, sufficient hydration, and dietary changes. Nonpharmacological methods advocated for managing hyperuricemia in patients with gout include weight loss, exercise, alcohol restriction, sufficient hydration, and dietary changes. Gout is the most common inflammatory arthritis and, despite effective and affordable treatments, continues to be undertreated. The ACR guideline provides recommendations on ULT indications, medications, dosing, goal. Many who are getting the appropriate treatment can maintain a normal lifestyle. Medical Professional Guide on gout diagnosis and treatment. Consider starting therapy. To provide guidance for the management of gout, including indications for and optimal use of urate lowering therapy (ULT), treatment of gout flares, and lifestyle and other medication recommendations. Treatment for gout flares: Offer a non-steroidal anti-inflammatory drug (NSAID), colchicine or a short course of an oral corticosteroid for first-line treatment of a gout flare, taking into account the person's comorbidities, co-prescriptions and preferences. Medical Professional Guide on gout diagnosis and treatment. It was created to provide the latest perspective and information for all front-line medical professionals who see potential gout sufferers and new gout patients. Treatments for gout attacks include nonsteroidal anti-inflammatory drugs (NSAIDs), colchicine, and corticosteroids to control pain and inflammation.

 Difficulté **Moyen**

 Durée **56 heure(s)**

 Catégories **Énergie, Alimentation & Agriculture, Bien-être & Santé**

 Coût **833 EUR (€)**

Sommaire

Étape 1 -
Commentaires

Matériaux

Outils

Étape 1 -
