## Emotion code chart pdf free download

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RowKidneys or Bladder. There are many more emotions listed in the dictionary besides the ones listed here, but we choose to use a simplified list to keep things easy and fast Access a free Emotion Code Chart in PDF and Word formats. The Code chart identifies up topossible emotions that can be holding you back Crying Discouragement Rejection Sadness Sorrow. Confusion Defensiveness Grief Self-Abuse Stubborness. The Emotion Code@ Chart © well ness Unmasked, Inc. RowHeart or Small Intestine RowSpleen or Stomach RowLung or Colon RowLiver or Gall Bladder Crying Discouragement Rejection Sadness Sorrow. Blaming Dread Fear Horror Peeved RowLiver or Gall Bladder. Below The Emotion Code Chart Sano Consulting & Wellness Center ~ Penn Ave So. ~ Bloomington ~ MN ~~ Column A Column B THE EMOTION CODE Definition of Emotions The list of emotions that follows corresponds to The Emotion Code Chart of Emotions, and encompasses the full range of human emotion. Depression Frustration In isiveness Panic Taken for Granted. The Emotion Code is a simple energy clearing method that you can learn yourself to free your own trapped emotions. RowLung or Colon. Failure Helplessness Hopelessness Lack of Control Low Self-Esteem. Fill the document online or download the blank version to assist in identifying and releasing trapped emotions Discover how to use the Emotion Code® Chart to release the trapped emotions holding you back from optimum wellness & download our printable chart here Identifying the emotions is essential for releasing them to restore your normal energy flow and get you back on track of physical, mental, and emotional wellness. RowLiver or Gall Bladder. Anger Bitterness Guilt Hatred Anxiety Despair Disgust Nervousness Worry. Anger Bitterness Guilt Hatred Resentment. Confusion Defensiveness Grief Self-Abuse Stubborness. Crying Discouragement Rejection Free Emotion Code Charts And Resources.



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