

Depression information pdf

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It can cause severe symptoms that affect how a person feels, thinks, and handles daily activities, such as sleeping, eating, or working. It is an illness that can affect anyone— regardless of age, race, income, culture, or education Women are% more likely than men to experience depression, and young adults aged–are% more likely to have depression than people aged or older. Causing people to feel: inadequate (like they aren't good enough), extremely sad, guilty, irritable, lonely, empty, pessimistic (having a negative outlook), preoccupied What is depression? Depression (also called major depression, major depressive disorder, or clinical depression) is different. a thick, black, unrelenting. Symptoms. It can cause severe symptoms that affect how a person feels, This booklet provides latest available estimates of the prevalence of depression and other common mental disorders at the global and regional level, together with data concerning Depression Information about depression, its symptoms and possible causes, and how you can access treatment and support. Being You are so a scared burden Your head is you're to everyone paralyzed surrounded by. Includes tips on caring for yourself, and THOUGHTS. Depression can affect anyone regardless of age, gender, race or ethnicity, income, culture, or education Fact Sheets. It can cause severe symptoms that affect how you feel, think, and handle daily activities, such as sleeping, eating, or working. But for most people, depression changes how they function day -to-day. Common Depression (also called major depression, major depressive disorder, or clinical depression) is different. It's an illness characterized by persistent sadness and a loss of interest in activities that Depression (also called major depressive disorder or clinical depression) is different. exhausting battle against You need yourself to hug someone. like you're Like there living in a is no cage person or thing that can help you forget You have a lump WHAT IS MAJOR DEPRESSIVE DISORDER? It can seriously impact every aspect of a person's life—affecting how they feel, think, and handle everyday activities Fighting an fog. Depression can happen to anyone and is not a sign of weakness. Major depressive disorder (also known as major depression) is one of the most common mental disorders in the United States. Just like with any mental illness, people with depression experience symptoms differently. Exhausting, Hopeless.

 Difficulté Facile

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