

# Brief cope inventory questionnaire pdf

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
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Please read each group of statements carefully, and then pick out the one statement in each group that Brief COPE. I did this with approximately nursing students and identified that the items can be grouped into four types of coping. The Brief COPE Inventory consists of only statements, across two scales, and is more focused on understanding the frequency with which people use different coping strategies in response to various stressors. It is a brief measure of coping reactions, based on the Brief COPE. The following questions ask how you have sought to cope with a hardship in your life. Read the statements and indicate how much you have been using each coping style. You can use the types of coping the Carver identifies but Carver recommends users to carry out their own factor analysis to identify the best grouping of items. It has three subscales: Problem-Focused Coping, Emotion-Focused Coping, and Avoidant Coping. We are interested in how people respond when they confront difficult or stressful events in their lives. See overview, scoring, interpretation, and references. The following questions ask how you have sought to cope with a hardship in your life. We are interested in how people respond when they confront difficult or stressful events in their lives. There are lots of ways to try to deal with stress. I did this with The Brief COPE is a multidimensional coping inventory to assess the different ways in which people respond to stress. This Instructions: This questionnaire consists of groups of statements. There are lots of ways to try to deal with stress. Read the statements and indicate how much you have been using each coping style. You can use the types of coping the Carver identifies but Carver recommends users to carry out their own factor analysis to identify the best grouping of items. This questionnaire asks you to indicate what you generally do and feel when you experience stressful events. Brief-COPE measures effective and ineffective ways to cope with a stressful life event.

 Difficulté Difficile

 Durée 12 jour(s)

 Catégories Alimentation & Agriculture, Musique & Sons, Science & Biologie

 Coût 518 USD (\$)

## Sommaire

Étape 1 -

Matériaux

Outils

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Étape 1 -

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