## Audiobook Louder Than Hunger by John Schu

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The instant New York Times bestseller! Every so often a book comes along that is so brave and necessary, it extends a lifeline when its needed most. This is one of those books. Katherine Applegate, author of the Newbery Medalwinning, The One and Only IvanRevered teacher, librarian, and story ambassador John Schu explores anorexiaand self-expression as an act of survivalin a wrenching and transformative novel-in-verse. But another voice inside me says, We need help. Were going to die. Jake volunteers at a nursing home because he likes helping people. He likes skating and singing, playing Bingo and Name That Tune, and reading mysteries and comics aloud to his teachers. He also likes avoiding people his own age . . . and the cruelty of mirrors . . . and food. Jake has read about kids like him in booksthe weird one, the outsiderand would do anything not to be that kid, including shrink himself down to nothing. But the less he eats, the bigger he feels. How long can Jake punish himself before he truly disappears? A fictionalized account of the authors experiences and emotions living in residential treatment facilities as a young teen with an eating disorder, Louder than Hunger is a triumph of raw honesty. With a deeply personal afterword for context, this much-anticipated verse novel is a powerful model for muffling the destructive voices inside, managing and articulating pain, and embracing self-acceptance, support, and love. tags:

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