

Am I Dying A Complete Guide to Your Symptoms and What to Do Next by Christopher Kelly M.D.

Am I Dying?!: A Complete Guide to Your Symptoms--and What to Do Next

By: Christopher Kelly M.D.

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"Tempted to Google those symptoms? Let these Columbia University cardiologists soothe—and educate—your inner hypochondriac instead." — People Health Issue Featured on CBS This Morning , Men's Health , The Washington Post , BuzzFeed , and The Dr. Oz Show Christopher Kelly, MD, and Marc Eisenberg, MD, FACC, are both highly accomplished physicians and health experts from UNC Health and Columbia University Medical Center. In Am I Dying?! , they walk you through common symptoms and medical myths to provide a helpful, conversational guide on what to do when you experience symptoms—offering advice on whether to chill out, make a doctor's appointment, or go to the hospital. Most likely, a stuffy nose isn't a sign of cancer. But sometimes a headache isn't just a temporary nuisance and could be a sign of a serious condition. The internet can offer a wealth of data, but it can also be a source of harmful misinformation. So if you have a new symptom, how worried should you be? This down-to-earth, humorous guide covers over forty different symptoms, organized into eight body areas—including head/neck, chest/back, belly, skin, and more. Some examples include: Belly : When is bloating a sign of a serious problem? Why do some people feel nauseated all the time? Lady Parts : How often do you really need a mammogram? When is a lump likely to be serious? Bathroom Trouble : Why do some people pee so often (and can a bladder explode from holding it)? Packed with practical information and organized in a fun, easy-to-access format, Am I Dying?! is a perfect gift, medical resource, and must-have addition to your home library.

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Sommaire

Étape 1 -

Commentaires

Matériaux

Outils

Étape 1 -

