

# (Full Text) Becoming Bodhisattvas: A Guidebook for Compassionate Action by Pema Chödrön

Becoming Bodhisattvas: A Guidebook for Compassionate Action

By: Pema Chödrön

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Best-selling American Buddhist nun Pema Chdrn presents a friendly and encouraging guide to spiritual practice for all those who want to take up the path of the bodhisattvaone who aspires to live life with courage, generosity, patience, fearlessness, and compassion. The Way of the Bodhisattva has long been treasured as an indispensable guide to enlightened living, offering a window into the greatest potential within us all. Written in the eighth century by the scholar and saint Shantideva, it presents a comprehensive view of the Mahayana Buddhist traditions highest idealto commit oneself to the life of a bodhisattva warrior, a person who is wholeheartedly dedicated to the freedom and common good of all beings. And it has inspired many of the traditions greatest teachers, providing a remarkable source of insight on the means by which we may heal ourselves and our troubled world. These essential teachings present the core of the Buddhist path, from cultivating deep-seated confidence to infusing ones life with selflessness, joyfulness, kindness, and compassion. Pema Chdrn here invites you to journey more deeply into this liberating way of life, presenting Shantidevas text verse-by-verse and offering both illuminating stories and practical exercises to enrich the text and bring its timeless teachings to life in our world today. Previously published under the title No Time to Lose.

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