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4 agreements summary pdf


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Ruiz takes us back to basics and shows us that being content is about taking responsibility for ourselves Miguel Ruiz begins The Four Agreements with a brief description of the Toltec people, an ancient society from southern Mexico, who studied the union of humans with divinity (or God) It includes: Exercises and Reflections: Each section of the workbook corresponds to one of the four agreements. The printable "The Four Agreements" workbook PDF is a practical companion to Don Miguel Ruiz's transformative book, designed to deepen the reader's understanding and The Four Agreements are pretty much an awesome guide on how to do exactly that! 1ST AGREEMENT: BE IMPECCABLE WITH YOUR WORD "The first agreement is the most The Four Agreements is a universally compelling and inspiring book based on Toltec wisdom. 1ST AGREEMENT: BE IMPECCABLE WITH YOUR WORD "The first agreement is the most important one and also the most difficult one to honor The printable "The Four Agreements" workbook PDF is a practical companion to Don Miguel Ruiz's transformative book, designed to deepen the reader's understanding and application of the four agreements in their daily life We'll briefly go through the four agreements we should be following. ItThe Four Agreements are pretty much an awesome guide on how to do exactly that! We'll also look at how we can change our outlook on life, by following these simple and practical principles. We feel powerless because creating and keeping all these negative agreements has sucked our personal power. It's about freedom, and personal responsibility, and it offers advice on creating But how? The answer is that we must change the agreements The printable "The Four Agreements" workbook PDF is a practical companion to Don Miguel Ruiz's transformative book, designed to deepen the reader's understanding and application of the four agreements in their daily life.

 Difficulté **Difficile**

 Durée **740 heure(s)**

 Catégories **Art, Électronique, Alimentation & Agriculture, Robotique, Science & Biologie**

 Coût **277 EUR (€)**

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