

The Sacred Enneagram: Finding Your Unique Path to Spiritual Growth (PDF Free)


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Most of us spend a lifetime trying to figure out who we are and how we relate to others and God. The Enneagram is here to help. Far more than a personality test, author Chris Heuertz teaches us that the Enneagram is a sacred map to the soul. Lies about who we think we are keep us trapped in loops of self-defeat, but the Enneagram uniquely reveals nine ways we get lost, as well as nine ways we find our way home to our true self and to God. Whether you are an enthusiast or simply Enneagram-curious, this groundbreaking guide to the spiritual depth of the Enneagram will help you understand the "why" behind your type beyond caricatures and stereotypes. Identify and find freedom from self-destructive patterns. Learn how to work with your type toward spiritual growth. Awaken your unique gifts to serve today's broken world. Richly insightful and deeply practical, The Sacred Enneagram is your invitation to begin the journey of a life transformed. Praise for The Sacred Enneagram "Integrated within these pages is Chris's extensive knowledge and understanding of this ancient tool, along with depth in his teaching of contemplative spirituality as practiced by Jesus. Readers are offered a powerful way forward in their unique journey of spiritual transformation through aligning Christian contemplative prayer postures to specific Enneagram types." Nina M. Barnes, Dean of Spiritual Formation George Mekhail, pastor, The Riverside Church NYC tags:

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