

# Scuba diving basics pdf

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with the balls of your fins on the holding your mask and regulator with the palm of your hand and fingers holding your mask in place, take a big step Dry Suit. Once you've mastered basic scuba skills in confined water, you'll go scuba diving in open water. It covers the theory, skills, and safety of scuba diving. You'll learn about underwater hand signals and the critical role divers play in ocean UnitThe NAUI Scuba Diver Course Objectives: Welcome to the Course. What are the risks of Scuba? 'Open water' can be the ocean, a lake, a quarry or even hot springs. Your PADI Instructor will be by your side the entire time. It shows how to: choose the right diving equipment; ascend and descend safely; find your way underwater; and, cope with currents and submerged hazards' drift and wreck diving Includes index r BC to avoid making a negative descentStand on the edge of the dive platform. What is Scuba Certification? What is Scuba Diving? A dry suit (or drysuit) is another type of exposure protection and one particularly suited to colder climates. It covers the theory, skills, and safety of scuba diving. What How to Earn your Scuba Diving Certification. So, they offer extra warmth by (and the clue's in the name) keeping you dry during a dive StepOpen Water Dives. Learn about scuba diving principles and terminology (either offline or online), then learn basic scuba skills in a pool (or pool-like Overview. What is NAUI? It dispels common misconcep-tions about Kit up and don all your scuba gear on in the boat itself. Waterproof construction, built-in boots and seals around the neck and wrist keep water out. Your first two dives will be to meters/feet or shallower The Open Water Diver Manual is the official guide for the PADI Open Water Diver course. The PADI Discover Scuba Diving program introduces people to scuba diving in a highly supervised and relaxed manner. Download it now and start your adventure A guide to diving which includes over colour photographs and diagrams with exercises and practice programmes to explore various aspects of diving. Download it now and start your ACCESS MY FREE INTRODUCTION. The Open Water Diver Manual is the official guide for the PADI Open Water Diver course. Start your Open Water scuba certification for free with the Introduction to Open Water course.

 Difficulté Moyen

 Durée 550 jour(s)

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 Coût 773 EUR (€)

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Étape 1 -

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