

Kindle The Unlikely Thru-Hiker: An Appalachian Trail Journey by Derick Lugo

The Unlikely Thru-Hiker: An Appalachian Trail Journey

By: Derick Lugo

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[Dericks] story takes us into a world where his lack of AT knowledge, his unique perspective, his appearance, and his sense of humor open the minds and hearts of those he encounters along the way. Change has come, and the AT will never be the same again. Jennifer Pharr Davis, author, speaker, AT fastest-known-time setter, and 2011 National Geographic Adventurer of the Year A candid and clear-eyed account of a contemporary thru-hike, with engaging humility. David Miller, author of AWOL on the Appalachian Trail and The A.T. Guide Derick Lugo had never been hiking. He certainly couldnt imagine going more than a day without manicuring his goatee. But with a job cut short and no immediate plans, this fixture of the New York comedy scene began to think about what he might do with months of free time. He had heard of the Appalachian Trail, but he had never seriously considered attempting to hike all 2,192 miles of it. Suddenly he found himself asking, Could he do it? The Unlikely Thru-Hiker is the story of a young black man setting off from the city with an extremely overweight pack and a willfully can-do attitude. What follows are lessons on preparation, humility, race relations, and natures wild unpredictability. Through it all, Lugo refuses to let any challenge squash his inner Pollyanna, persevering with humor, tenacity, and an unshakeable commitment to grooming that sees him from Georgia to Maine.

tags:

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