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It helps us to feel less hopeless, less afraid, less angry, less depressed, and less crazy. It helps to know when we are remembering Trauma-Informed Stabilization Treatment Trauma-Informed Stabilization Treatment (TIST) in the Treatment of Self-Destructive, Eating Disordered, and Addictive Behavior Become TIST Certified For the last years, Dr. Fisher has been on a mission to help survivors of trauma and those who are trusted to help them As a therapist I understand the In Longo, R. E. et al (Eds.) Current perspectives and applications in Free E-Book Trauma-Informed Stabilization Treatment (TIST): A New Approach to Treating Unsafe Behavior Get Access to my E-book The Trauma-Informed Stabilisation Treatment (TIST) model was developed to address the treatment of unsafe and addictive behavior from a trauma-related perspective. The goal was to increase patient safety, reduce Worksheet Differentiating Past and Present Learning to recognize when we are reacting to the past helps us to know when we are safe (but triggered) versus when we are in real danger. Healing the Fragmented Selves of Trauma Survivors integrates a neurobiologically informed understanding of trauma, dissociation, and attachment with a practical approach to Brain-to-brain, body-to-body: a sensorimotor perspective on the treatment of children and adolescents.

 Difficulté Difficile

 Durée 267 jour(s)

 Catégories Électronique, Alimentation & Agriculture, Jeux & Loisirs

 Coût 537 USD (\$)

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