

# Hold on to Your Kids: Why Parents Need to Matter More Than Peers Full Version


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This parenting classic is as relevant today as it was when it was first published, shining a light on one of the most misunderstood trends of our time how the influence of peers, magnified by social media and video game culture, is replacing parents in the lives of children, and what parents can do about it now featuring a new chapter WINNER OF THE NATIONAL PARENTING PUBLICATIONS GOLD AWARD A worthy book that brings us genuinely new ideas and fresh perspectives on parenting. Mary Pipher, Ph.D., author of Reviving Ophelia Children take their lead from their friends Being cool matters more than anything else. Shaping values, identity, and codes of behavior, peer groups are often far more influential than parents. But this situation is far from natural, and it can be dangerous it undermines family cohesion, interferes with healthy development, and fosters a hostile and sexualized youth culture. Children end up becoming conformist, anxious, and alienated. In Hold On to Your Kids, acclaimed physician and bestselling author Gabor Maté joins forces with psychologist Gordon Neufeld to pinpoint the causes of this breakdown and offer practical advice on how to reattach to your children and earn back their loyalty and love. By helping to reawaken our instincts, Neufeld and Maté empower parents to be what nature intended a true source of enrichment, security, and warmth for their children.

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 Catégories **Vêtement & Accessoire, Énergie, Machines & Outils, Recyclage & Upcycling, Robotique**

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