## Free Download Excessively Obsessed: Find your passion, build your business, learn your limits, love your life by Natasha Oakley

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By: Natasha Oakley

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Étape 1 -

Modern and practical business lessons from Natasha Oakley, co-founder of Monday Swimwear and The Pilates Class. Do you have an idea for a business, but no clue where to start? Is there a product or service youre sure you could sell, if only you knew how to file the paperwork or fund the company or build the marketing plan? Do you have an inkling that youll want to start a business one day - and you cant stop wondering if you have what it takes? Then you have come to the right place. In this empowering guide, Natasha gives an honest account of the blood, sweat and tears that goes into creating a successful business, from registering your company and opening a bank account, all the way to building your team and scaling for growth. Removing the glamour of #hustleculture and the illusion of how easy it might look on social media, Natasha will detail how she bartered jobs and co-founded Monday Swimwear in her living room with her best friend and grew that business (and others) to a multimillion dollar empire. And she will explain how, no matter what your idea, if you are Excessively Obsessed with it, you can do the same. In her book, she will show readers how to - Harness your idea to create a viable business that has longevity - Know when to leave your job, how to fund your start-up and whether you need a business partner - Generate and grow a huge following -Build contacts when no one knows who you are - Rise above pressures of social media to use it powerfully and with purpose -Create work/life balance to avoid burnout and take care of yourself Excessively Obsessed is for anyone who has ever wondered should I start my own business? (Spoiler alert Theres no right answer!) And whether you decide to get started tomorrow or give it more time, youll close this book with a reignited sense of passion and purpose in your career. Through her own story, Natasha will inspire readers to tap into their own unique potential, because when you find your calling, its worth becoming obsessed.

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