Free Book How to Hug a Porcupine: 101 Ways to Love the Most Difficult People in Your Life by Debbie Joffe

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By: Debbie Joffe

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In our dailyives, we often encounter people who cause problems, irritate, or incite conflict"in short, the emotional porcupines. How do we deal with such difficult people orove them without getting hurt? How to Hug a Porcupine provides powerful recommendations, helpful tips and plausible explanations for handling the prickliness in others"parents, siblings, children, colleagues, in-laws, strangers"and us. The book provides powerful recommendations, which gives us hope that handling, embracing and surviving such personalities is not as difficult as we think it is. From ending an argument with prickly people to understanding our own prickliness, How to Hug a Porcupine is for those who want toead a peacefulife with the porcupines.

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