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By: Bob Rotella

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ISBN-13: 9780743269759

For the last decade, golfers of all abilities have been drawn to the writings and teachings of BobDoc Rotella. His books Golf Is Not a Game of Perfect, Golf Is a Game of Confidence, The Golf of Your Dreams, and Putting Out of Your Mind have all become classics for golfers everywhere. Weekend golfers and pros like Brad Faxon, Darren Clarke, Padraig Harrington, Tom Kite, and Davis Love III all read and listen to the man they call Doc because his teachings are simple and direct and in the end, what Doc says makes them play better golf. The Golfer's Mind was actually first suggested by Davis Love, Jr. Davis Love III's dad who encouraged Doc to write an instruction book on golf's mental challenges, organized by topic. Love thought that golfers could keep the book with them, or at least nearby, at all times. When they needed a refresher on a certain issue, they could consult the book, read for a few minutes, and take away solid guidance regarding their difficulties. Doc heard what Love said, and twenty years later, The Golfer's Mind is that book. From his Ten Commandments (Commandment I. Play to play great. Don't play not to play poorly) to just about any topic a golfer might imagine, this is the ideal way for players to get all of Rotella's teachings. Doc covers topics including -Butterflies -Practicing to Play Great -The Rhythm of the Game -Routine -Setbacks -How Winning Happens In the perfect format for the busy golfer, The Golfer's Mind is the concise and convenient quick-reference tool to appeal to Rotella's millions of followers and is sure to become a golf classic.

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 Difficulté **Moyen**

 Durée **376 heure(s)**

 Catégories **Art, Électronique, Énergie, Machines & Outils, Robotique**

 Coût **533 USD (\$)**

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