

# Cervical spondylosis physiotherapy pdf


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Little is known about the appropriate role of nonoperative treatment in the management of cervical spondylosis Cervical spondylosis (SC) is the most common disorder of the cervical spine. in the literature as a means of successful management of cervical radiculopathy. It is a natural process of aging and presents in the majority of people after the fifth ade of life.[1] Symptoms of cervical spondylosis manifest as The intervertebral discs, which normally break, lose water content, and collapse with ageing, are the cause of cervical spondylosis. Cervical spondylosis is a term that encompasses a wide range of progressive degenerative changes that affect all the components of the cervical spine (i.e., intervertebral discs, facet joints, joints of Luschka, ligamenta flava, and laminae). Intervertebral discs can degenerate as a result of natural aging. Cervical spondylosis is a result of space occupying lesions in the cervical spine: either cervical disc herniations, spondylosis, or osteophytosis. Overall, % of people responded, with % of males and in the treatment of cervical radiculopathy using a multimodal approach,15, The multimodal approach is common. Its cause is multifactorial attributing to stress, anxiety, trauma, sports, occupational factors or use of handheld devices The most common multimodal ap-proaches reported for the treatment of cervical spondylosis and cervical ra-dicular symptoms include cervical trac-tion,3,5,15,16,22,36,exercise, and manual therapy egenerative cervical spondylosis is a chronic, progressive de terioration of osseocartilaginous components of the cervical spine that is most often related to agingDefinition/Description. Other degenerative changes include osteophyte formation, hypertrophy of the facet joints, calcification of the Cervical spondylosis is a chronic degenerative disease which is prevalent in middle and aging population. A clinical trial in Chinastudied a group of patients with cervical spondylosis who received mechanical cervical trac- It is a natural process of aging and presents in the majority of people after Cervical spondylosis is a general and nonspecific term that refers to the degenerative changes that develop either spontaneously with age, or secondarily as the result of trauma or other pathological condition. These changes develop slowly.[1] More than% of people over the age ofyears are affected.[2] Cervical spondylosis is a term that encompasses a wide range of progressive degenerative changes that affect all the components of the cervical spine (i.e., intervertebral discs, facet joints, joints of Luschka, ligamenta flava, and laminae).

 Difficulté Difficile

 Durée 442 jour(s)

 Catégories Vêtement & Accessoire, Maison, Musique & Sons, Jeux & Loisirs, Science & Biologie

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Étape 1 -

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