

Breastfeeding guidelines pdf

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It offers the most relevant information on each type of strategy. The discussion of each strategy follows the outline defined here Exclusive breastfeeding for about the first six months is recommended. Facilities that provide Using This Guide. Colostrum, the yellowish, sticky breast milk produced at the end This guideline, Protecting, promoting and supporting breastfeeding in facilities providing maternity and newborn services is an update of, and supersedes, the Ten Steps to Successful Breastfeeding, as published in a joint statement by the World Health Organization (WHO) and the United Nations Children's Fund (UNICEF) Protecting, promoting and Weight pattern. Jaundice. Exclusive breastfeeding for the first six months Breastfeeding counselling, along with baby-friendly hospital support and community mobilization approaches, is one of the key interventions to improve breastfeeding rates Outline. The American Academy of Pediatrics and the World Health Organization recommend continued breastfeeding along with This guideline provides global, evidence-informed recommendations on protection, promotion and support of optimal breastfeeding in facilities providing maternity and newborn services, as a public health interven Breastfeeding is the normal way of providing young infants with the nutrients they need for healthy growth and development. Hypoglycemia. This document provides guidance for public health professionals and others on how to select strategies to support breastfeeding mothers and increase breastfeeding rates. The Dietary Guidelines for Americans recommends continued breastfeeding while introducing appropriate complementary foods until children are months or older. Virtually, all mothers can breastfeed, provided they have accurate information and the support of their family, the health care system and society at large. Initiation of breastfeeding immediately after birth, preferably within one hour. Breastfeeding Curriculum. Recommended Breastfeeding This guideline, Protecting, promoting and supporting breastfeeding in facilities providing maternity and newborn services is an update of, and supersedes, the Ten Steps to Breastfeeding promotes brain development, reduces the risk of obesity in children, and protects women against breast and ovarian cancer and diabetes. Correct Norms for Infant and Young Child Feeding. Breastfeeding initiation. Recommended breastfeeding practices.

 Difficulté Très facile

 Durée 772 minute(s)

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Sommaire

Étape 1 -
Commentaires

Matériaux

Outils

Étape 1 -
