

Bitter gourd diabetes pdf

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charantia), commonly referred to as bitter The plant, as a whole contains, more thanphyto-medicines that are active against more than diseases, including cancer and diabetes. Biochemical and animal model experiments have 1, · Bitter gourd (Momordica charantia L.) is a low-cost, food-based intervention that can play a vital role in the treatment and prevention of insulin resistance and type , · Bitter gourd contains bitter chemicals like charantin, vicine, glycosides and karavilosides along with polypeptide-p, plant insulin, which are hypoglycemic in action The acetone extract of whole fruit powder of M. charantia in doses, and mg/kg body weight lowered the blood glucose from % to % after to day treatment in alloxan diabetic albino rats, confirming anti hyperglycemic effect of this plant in diabetic animals and humans []. Bitter melon is characterized as a multipurpose plant worthy of treating several diseases known to mankind and has been substantially studied across the Momordica charantia (MC), also known as bitter melon, karela, balsam pear, or bitter gourd, is a popular plant used for the treating of diabetes-related conditions amongst the indigenous populations of Asia, South America, India, the Caribbean and East Africa(7–10). The plant is cultivated as medicinal as well as vegetable crop widely in India, China and South East Asia (Behera et al.) Bitter gourd (Momordica charantia L.) known also as bitter apple or bitter melon or balsam pear, is a tropical vine belonging to the order Cucurbitales, family Cucurbitaceae and genus Momordica. Throughout many centuries, M. charantia has been used as a method of alternative medicine and dietary supplement for treating symptoms and conditions related to what we know today as diabetes. , · One plant that has received the most attention for its anti-diabetic properties is bitter melon, Momordica charantia (M. MC is a tendril-bearing vine belonging to the Cucurbitaceae family Bitter gourd (Momordica charantia L.) is a low-cost, food-based intervention that can play a vital role in the treatment and prevention of insulin resistance and type diabetes mellitus Introduction. Currently, the incorporation of the MC fruit has a distinguishing bitter taste, which is more pronounced as it ripens, hence the name bitter melon or bitter gourd.

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