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Drawing on cutting-edge original research, as well as his work with nearly half of the Fortune and with places like NASA, the NFL and the NBA, he walks us through five actionable steps towards achieving our Big Potential to thrive in the modern world “With cutting-edge research, penetrating insights, and practical examples, Shawn Achor describes a new conception of ‘success,’ and in doing so, reveals exciting new strategies we can use to meet our highest potential.”—Gretchen Rubin, bestselling author of The Happiness Project “A vibrant book on how to bring out the best in others—and how they can bring out the best in us The dramatic shifts in how we approach work today demand an equally dramatic shift in our approach to success. The entire tree glowed again, then went entirely dark again twice in three seconds Then, in a reality-bending moment, all of the trees along the riverbank suddenly glowed in unison. Every tree on one side of the river for a thousand feet was flash- Here, Achor offers a new path. About Big Potential “With cutting-edge research, penetrating insights, and practical examples, Shawn Achor describes a new conception of ‘success,’ and in doing so, “With cutting-edge research, penetrating insights, and practical examples, Shawn Achor describes a new conception of ‘success,’ and in doing so, reveals exciting new strategies Here, Achor offers a new path. In Big Potential, Achor draws on cutting-edge original research as well as his work with nearly half of the Fortune and with places like NASA, the NFL and the NBA, and offers a new path to thriving in the modern world In Big Potential, Achor draws on cutting-edge original research as well as his work with nearly half of the Fortune and with places like NASA, the NFL and the NBA, and offers a new path to thriving in the modern world. If a team wants to reach Big Potential, everybody should Big Potential Then lightning, as it sometimes does, struck twice. Bestselling author Shawn Achor shows how to unlock hidden sources of potential in ourselves and others Drawing on cutting-edge original research, as well as his work with nearly half of the Fortune and with places like NASA, the NFL and the Missing: pdf In his book, Achor proves that your potential, a combination of success, well-being and performance, is way bigger than you, and the BIG potential is about working to become The belief that only authorized can transform things is a frequent belief that blocks your reach to the “Big Potential”.

 Difficulté


Difficile

 Durée

251 jour(s)

 Catégories

Mobilier, Bien-être & Santé, Maison, Sport & Extérieur, Science & Biologie

 Coût

172 EUR (€)

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