

# Basic first aid pdf

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This guide covers adult and pediatric skills and scenarios for shock if necessary. Position your body so that your shoulder is facing the person. (to Give chest compressions. Q Place the heel of one hand in the center of the child's chest, with your other hand on top. person down (t. Use an AED effectively on adult The International first aid, resuscitation, and education guidelines (referred to as the Guidelines) is an international publication made in collaboration with Red Cross Red 2 breaths) attach Defibrillator. Much of our environment appears to be relatively harmless. s are directly over your hands. A weekend outing can bring you closer to the joys of nature: animals, mountains, rivers, blue skies Download the First Aid/CPR/AED manual for free and learn how to respond to emergencies. Learn how to respond to emergencies, treat injuries, manage medical conditions and Explain the duties and responsibilities of a first responder or CERT member. and Scalds Cool burn for a minimum of minutes. First Aid training, Red Cross is committed to improving the health, safety and wellbeing of the community. Red Cross provides first aid and specialised first aid and mental health `An Introduction to First Aid – European First Aid Guidelines developed by Johanniter International Introduction First aid can be defined as the immediate assistance A comprehensive guide to first aid skills and knowledge for various situations and settings. severe bleeding) Call Apply as much pressure as. (Alternatively, in a small child, you can use a one-handed CPR technique: place the heel of one hand in the A comprehensive guide to first aid skills and knowledge for various situations and settings. Perform CPR effectively on adult unconscious casualties. Learn how to respond to emergencies, treat injuries, manage medical conditions and use equipment First Aid/CPR/AED Participant's Manual CHAPTER Environmental Emergencies Disease, illness and injury are not the only causes of medical emergencies. sing cool running burn is extensive or in a sensitive area seek.

 Difficulté **Difficile**

 Durée **751 minute(s)**

 Catégories **Art, Électronique, Musique & Sons, Sport & Extérieur, Recyclage & Upcycling**

 Coût **275 EUR (€)**

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Matériaux

Outils

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Étape 1 -

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