

# (Read Online) The Way of Zen by Alan Watts

The Way of Zen

By: Alan Watts

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In his definitive introduction to Zen Buddhism, Alan Watts ("the perfect guide for a course correction in life" Deepak Chopra), explains the principles and practices of this ancient religion. With a rare combination of freshness and lucidity, he delves into the origins and history of Zen to explain what it means for the world today with incredible clarity. Watts saw Zen as one of the most precious gifts of Asia to the world, and in The Way of Zen he gives this gift to readers everywhere. Perhaps the foremost interpreter of Eastern disciplines for the contemporary West, Watts had the rare gift of writing beautifully the unwritable. Los Angeles Times

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