

(PDF EPUB) Taking Charge of ADHD: The Complete, Authoritative Guide for Parents by Russell A. Barkley PhD, ABPP, ABCN

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By: Russell A. Barkley PhD, ABPP, ABCN

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The leading parent resource about attention-deficit/hyperactivity disorder (ADHD) and its treatment has now been revised and updated with the latest information and resources. Prominent authority Russell A. Barkley compassionately guides you to *Understand why kids with ADHD act the way they do. *Get an accurate diagnosis. *Work with school and health care professionals to find needed support. *Implement a proven eight-step behavior management plan. *Build your child's academic and social skills. *Restore harmony at home. New to the fourth edition are a chapter on health risks associated with ADHD, the latest information on the causes of the disorder, current facts on medications, a new discussion of sibling issues, advice for parents who might have ADHD themselves, downloadable practical tools, and much more.

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