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The Big Book of Backyard Medicine: The Ultimate Guide to Home-Grown Herbal Remedies

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The Most Thorough Compilation of Home Cures and Remedies Yet! Years ago, every household practiced natural healing by using what they had. Plants grow abundantly all over our roadsides, cities, and in your own backyard, and though once valued and widely used, they've fallen out of fashion over time as people forget the numerous medicinal uses at our fingertips. This book brings alternative medicine back to the forefront. Researched and written by a practicing medical herbalist and natural healer, and now with even more herbs and medicinal plants, The Big Book of Backyard Medicine is the basis for a veritable natural pharmacy that anyone can create. Featuring one hundred specific plants and their associated remedies, and fully illustrated with hundreds of color photographs, this book offers fascinating insights into the literary, historic, botanical, and global applications of common wild plants and herbs that can be used in medicines, including Ash, Chicory, Dandelion, Forget-me-not, Gypsywort, Horseradish, Mint, Red Poppy, Thistle, Wild carrot, Willow, and so much more! Anyone who wants to improve his or her health in a completely natural way will find this book to be an absolute must-have for his or her home and garden.

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