

(Audiobook) Empire of the Dragon (Event Group Series 13) by David L. Golemon

How to Walk into a Room: The Art of Knowing When to Stay and When to Walk Away

By: Emily P. Freeman

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New York Times Bestseller If life were a house, then every room holds a story. What do we do when a room were in is no longer a room where we belong? What do you do when you start to feel a shift and must decide if its time to make a change? When it comes to navigating big decisions about when to stay and go, how can we know for sure when the time is right? Though we enter and exit many rooms over the course of our life jobs, relationships, communities, life stages knowing how and when its time to leave is a decision that rarely has a clear answer. Podcast host, spiritual director, and bestselling author of The Next Right Thing, Emily P. Freeman offers guidance to help us recognize when its time to move on from situations that no longer fit, allowing us to find new spaces where we can flourish and grow. How to Walk Into a Room helps us begin to uncover the silent, nuanced, and hidden arrows for anyone asking questions like How do I know if its time to move on? What if I stay and nothing changes? What if I leave and everything falls apart? Through thought-provoking questions, spiritual practices, and personal stories, How to Walk into a Room will help you to know and name the caution flags in your current spaces, discern the difference between true peace and discomfort avoidance, navigate endings even when there is no closure, find peace for when you feel ready but it isnt time, and courage for when its time but you dont feel ready. For anyone standing in a threshold, heres a book to help discern the how, when, and what now of walking out of rooms and into new ones with peace, confidence, and a whole heart.

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 Difficulté **Moyen**

 Durée **531 minute(s)**

 Catégories **Décoration, Électronique, Mobilier, Robotique, Science & Biologie**

 Coût **958 EUR (€)**

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